

## Psychological First Aid (PFA)

PFA is for everyone over the age of 16!
Gain an understanding of how to recognize when someone is experiencing distress. Learn how to offer help to promote resiliency and reduce the impact of loss and trauma, not only in a disaster, but everyday life.

When: Thursday November 27, and Friday November 28, 2025

**Time:** 9 am - 4 pm Daily (2 Day Course)

Where: Mulhurst Bay Community Hall (3802 50 Ave)

**Cost: FREE** 

Registration Deadline: November 14, 2025

Register online: county.wetaskiwin.ab.ca

or Scan QR Code

Limited Spaces Available
Earn your PFA Red Cross Certificate



